

November 1, 2026

How to Pray: With Confidence

Free Grace Presbyterian Church

Thoughts for Reflection

As a father shows compassion to his children, so the LORD shows compassion to those who fear him.
Psalm 103:13

"Is anybody at home?"
There was a sudden scuffling noise from inside the hole, and then silence.
"What I said was, Is anybody at home?" called out Pooh very loudly.
"No!" said a voice; and then added, "You needn't shout so loud. I heard you quite well the first time."
"Bother!" said Pooh. "Isn't there anybody here at all?"

A.A. Milne
Author of Winne the Pooh

And this is the confidence that we have toward him, that if we ask anything according to his will he hears us.
1 John 5:14

We must not play at prayer, but must show persistence if we do not receive the answer immediately.It is not that God is unwilling and must be pressed into answering. The whole context makes it clear that He is eager to give. But if we do not want what we are asking for enough to be persistent, we do not want it very much.

Leon Morris
20th-century Australian New Testament scholar

Cast your burden on the LORD, and he will sustain you; he will never permit the righteous to be moved.
Psalm 55:22

It is far more easy to begin a habit of prayer than to keep it up.… Thousands take up a habit of praying for a little season, after some special mercy or special affliction, and then little by little become cold about it, and at last lay it aside…Let us resist this feeling, whenever we feel it rising within us. Let us resolve by God's grace, that however poor and feeble our prayers may seem to be, we will pray on.

J.C. Ryle
19th-century Anglican bishop

For all the promises of God find their yes in him.
2 Corinthians 1:20

GOD SUMMONS US BY HIS GRACE

Psalm 34

Leader: Oh, magnify the LORD with me, and let us exalt his name together!

People: I sought the LORD, and he answered me and delivered me from all my fears.

Leader: Oh, taste and see that the LORD is good! Blessed is the man who takes refuge in him! Oh, fear the LORD, you his saints, for those who fear him have no lack!

People: I will bless the LORD at all times; his praise shall continually be in my mouth. My soul makes its boast in the LORD; let the humble hear and be glad.

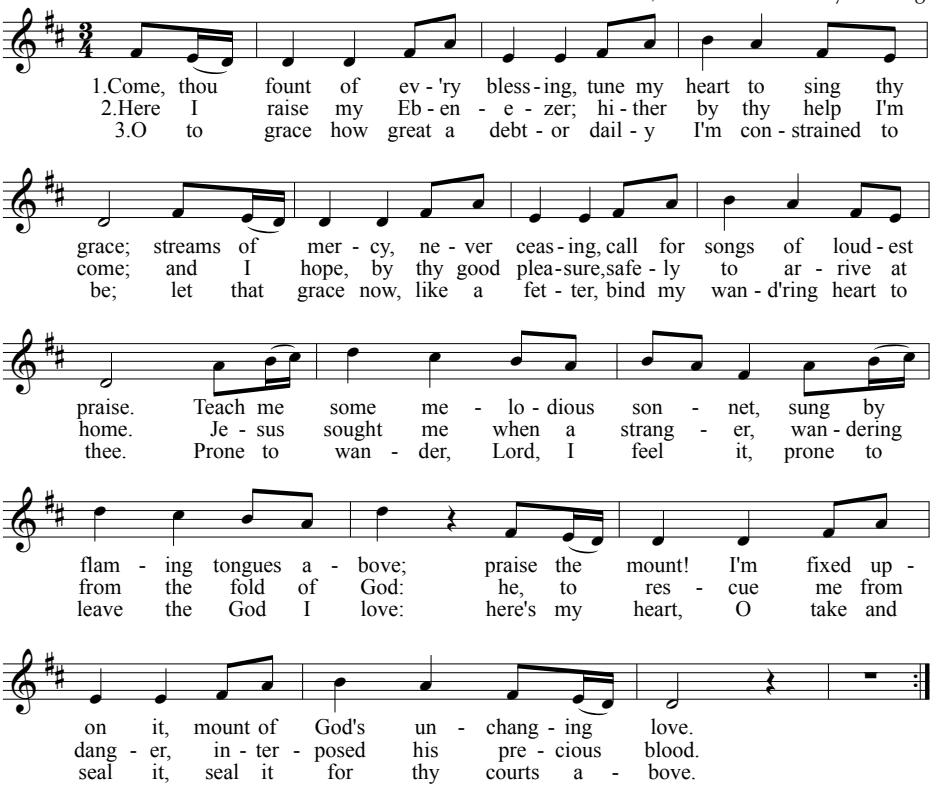
We take refuge in our God and Father

"Our God, Our Help in Ages Past"



Our declaration of God's faithfulness in the past, is also a celebration that we know He will be faithful in the present, and in the future as well.

"Come, Thou Fount of Every Blessing"



I will sprinkle clean water on you, and you shall be clean from all your uncleannesses, and from all your idols I will cleanse you. And I will give you a new heart, and a new spirit I will put within you. And I will remove the heart of stone from your flesh and give you a heart of flesh.
Ezekiel 36:25-26

GOD SANCTIFIES US BY HIS GRACE

God proclaims that in our sin, we do not call upon him as we ought

Isaiah 43

"You did not call upon me, O Jacob; but you have been weary of me, O Israel! You have not brought me your sheep for burnt offerings, or honored me with your sacrifices… You have not bought me sweet cane with money, or satisfied me with the fat of your sacrifices. But you have burdened me with your sins; you have wearied me with your iniquities."

Yet even now, hear God's invitation:

Isaiah 55

"Seek the LORD while he may be found; call upon him while he is near; let the wicked forsake his way, and the unrighteous man his thoughts; let him return to the LORD, that he may have compassion on him, and to our God, for he will abundantly pardon."

We confess that we often depend on our own abilities rather than calling upon God for help in time of need

Heavenly Father,
You have revealed yourself to us as our good and loving Father,
yet we so easily forget your goodness.
We remember our troubles but forget your faithfulness;
we dwell upon our needs but neglect your promises.
You have invited us to draw near to you,
yet we confess that we often neglect to call upon your name.
You have promised to hear us,
yet we have doubted your willingness to listen.
We have treated you as though you were reluctant to receive us,
as though we were a burden rather than your beloved children.
You have promised to give good gifts to those who ask,
yet we have trusted our own wisdom more than yours.
Forgive us, Father, for our prayerlessness,
for our self-reliance,
and for the unbelief that lies beneath them.

We need to confess our sin before God like a child needs to own up to his mistakes before Mom and Dad, not to earn their love, but to rest in it and know it more fully.

We thank you that in your goodness you sent your Son, Jesus Christ,
and through the sacrifice of his body
you have opened the way into your presence.
By your Holy Spirit, strengthen our faith.
Cause us to remember your goodness,
to trust your promises,
and to draw near to you with the confidence of children
who know that their heavenly Father is good.
We ask this through Jesus Christ our Lord. Amen.

We use this time in God's presence to confess our sins and our need for God's grace, silently, personally, before him alone. We invite you to join us in sorrow over your sin and joy in his grace and mercy in Jesus Christ.

God assures us that in Christ, we may draw near to him

Hebrews 10

Therefore, brothers, since we have confidence to enter the holy places by the blood of Jesus, by the new and living way that he opened for us through the curtain, that is, through his flesh, and since we have a great priest over the house of God, let us draw near with a true heart in full assurance of faith, with our hearts sprinkled clean from an evil conscience and our bodies washed with pure water.

We rejoice in the access we have to the Father through Jesus Christ!

"Before the Throne of God Above"



Consequently, he is able to save to the uttermost those who draw near to God through him, since he always lives to make intercession for them.

Hebrews 7

Continue to the next page.

GOD SPEAKS WITH US BY HIS GRACE

Luke 11:5-13

[5] And he said to them, “Which of you who has a friend will go to him at
midnight and say to him, ‘Friend, lend me three loaves, [6] for a friend of mine has
arrived on a journey, and I have nothing to set before him’; [7] and he will answer
from within, ‘Do not bother me; the door is now shut, and my children are with
me in bed. I cannot get up and give you anything’? [8] I tell you, though he will
not get up and give him anything because he is his friend, yet because of his
impudence he will rise and give him whatever he needs. [9] And I tell you, ask,
and it will be given to you; seek, and you will find; knock, and it will be opened
to you. [10] For everyone who asks receives, and the one who seeks finds, and to
the one who knocks it will be opened. [11] What father among you, if his son asks
for a fish, will instead of a fish give him a serpent; [12] or if he asks for an egg, will
give him a scorpion? [13] If you then, who are evil, know how to give good gifts to
your children, how much more will the heavenly Father give the Holy Spirit to
those who ask him!”

Leader: This is the Word of the Lord.
People: Thanks be to God!

Sermon

Rev. Adam Lee

How to Pray: With Confidence

That You May Be Certain

We must remember that God is:

1) **A Better Friend** (v5-8)

2) **A Faithful Promise Keeper** (v9-10)

3) **A Better Father** (v11-13)

Point I
Luke 11:5–8
Psalm 121:3–4
1 Kings 18
Isaiah 59:1
Psalm 50:15

Point II
Luke 11:9–10
John 16:23–24
Heb 10:19–20
2 Cor 1:20
1 Jn 5:14–15
Matt 6:9–13
Luke 11:2–4

Point III
Luke 11:11–13
James 1:17
Romans 8:15
Romans 8:26

Conclusion
Heb 4:16

We rejoice in the faithfulness of our God and Father

"His Love Can Never Fail"



Through the LORD's mercies we are not consumed, because His compassions fail not. They are new every morning; great is Your faithfulness.
Lamentations 3

GOD STRENGTHENS US BY HIS GRACE

We celebrate the Lord's supper, signs and seals of the veil opened to us through Christ's flesh and blood

We celebrate God's free grace to us in Jesus Christ by observing the Lord's Supper each Sunday. We invite to the Lord's Table all who are baptized followers of Jesus Christ under the authority of Christ and his body, the Church. By eating the bread and drinking the cup, you are acknowledging that you are a sinner, without hope except in the sovereign mercy of God, and that you are trusting in Jesus Christ alone for your salvation. If you have any doubts about your participation, please speak to one of the elders after the service.

"O Wondrous Love"



At the Lord's Table, we are reminded that our place in the Father's household was secured through the sacrifice of his Son. Jesus bore our sin and shame, giving his own body and blood so that we might draw near to God, not as strangers, but as his beloved children.

We profess together where our confidence comes from

Westminster Confession of Faith Question 12

Leader: What confidence do we have to draw near to God as our heavenly Father?

People: All those who are justified God graciously guarantees to make partakers of the grace of adoption in and for his only Son, Jesus Christ. By this act they are taken into the number of God's children and enjoy the liberties and privileges of that relationship; they are given his name; they receive the Spirit of adoption; they have access to the throne of grace with boldness; and they are enabled to cry, "Abba, Father." Like a father, God has compassion on, protects, provides for, and chastens them; yet, they will never be cast off, but are sealed to the day of redemption, and will inherit the promises as heirs of everlasting salvation.

God's promises do not render prayer superfluous. On the contrary, it is only his promises which give us the warrant to pray and the confidence that he will hear and answer.
John Stott

In prayer, we draw near with confidence before the throne of grace

During this time we live in faith, trusting in the power of his grace, placing our lives and our church in his hands.
We ask that he would work in us and through us for his glory.

GOD SENDS US BY HIS GRACE

We depart, knowing that all things work together for God's glory and our good

"His Glory and My Good"



We go out from worship in the assurance of the greatness of our God, the one who is able to do more than we ask or think, trusting in his grace alone.

God declares the promise of access to all who call upon him in Christ

Leader: As a father shows compassion to his children, so the LORD shows compassion to those who fear him. The LORD is near to all who call on him, to all who call on him in truth. He fulfills the desire of those who fear him; he also hears their cry and saves them.

Psalm 103
Psalm 145

People: Amen

Please stay and join us for a time of enjoying each other's company.
This is a time to share in life together as the gospel calls us
as we reconnect with those we know, and as we meet someone new.

Welcome to Free Grace

We are a broken church full of broken people. We know we need God's free grace. Some of us have accepted this grace, some are exploring what it's all about. All of us are still trying to understand it. We are a church that seeks to proclaim this free grace of God with both our words and our lives. Not satisfied with simply talking about it, we want to live it out. We invite you to come, explore, and live God's free grace with us.

Our Connections

Free Grace is a congregation of the Presbyterian Church in America (PCA), a family of churches that seeks to be faithful to the Scriptures, true to the Reformed faith, and obedient to the Great Commission of Jesus Christ.

Our Leadership

Free Grace is lead by her elders, men called by God and set apart by the church to care and lead her as individual members, families, and as a whole. Our elders are:

Brian Cosgrove
Rev. Adam Lee
Ken Morris
Ben Van Dyke

Credits

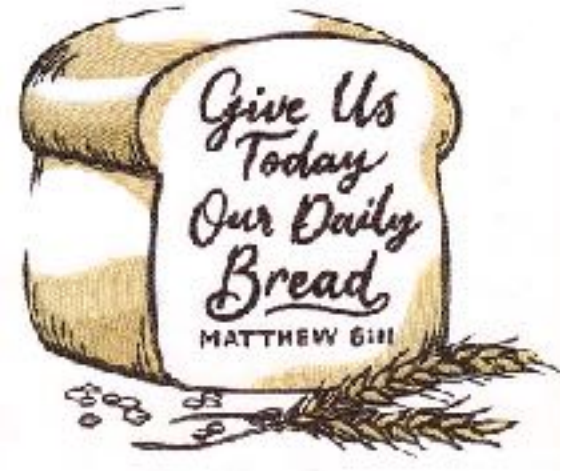
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Jake Paris, *guitar*; Abigail Lee, *violin; Grace Lee*, *viola*; Dan Crawford, *voice*

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Our Daily Worship

A through-the-week devotional



The following pages are provided for you with a desire to "lead you beside still waters." May they assist you in your walk with Christ through week, as you practice his presence, feed upon his word, and reflect upon how both impact your weekly life.

Why Memorize the catechism?

From time to time I am asked, “Why encourage memorizing the Catechism instead of Scripture?” The answer is simple: we are not choosing between them. We encourage both. One of the great strengths of the Catechism is that it teaches us to ask questions we might not think to ask on our own. Many Christians have memorized Bible verses, which is a wonderful thing. Yet it is possible to know Scripture without ever stopping to ask how those passages answer the practical and theological questions of the Christian life. The Catechism helps us make those connections.

For example, many Christians have heard the phrase, “sin is sin,” and would assume that all sins are equal in every respect. Yet when the Catechism asks, “Are all transgressions of the law equally heinous?” the answer may surprise us. The beauty of that moment is that one who is working through the catechism should ask, '*Wait, what? Why?*' And then proceed to look up the Scripture references.

The Catechism is not a replacement for the Bible. Rather, it is a guide that helps us organize, understand, and apply the Bible's teaching to the whole of life. For that reason, every answer is supported by Scripture references.

As you work on memorizing this week's question and answer, take time to study the passages listed below and see how what we confess is derived from God's Word. **If you do not have a copy of the Catechism with Scripture proofs, please speak with an elder and we will gladly provide one.** It will be easier to have a copy because these verses will all be printed out in their entirety.

Leviticus 5:17
James 4:17
1 John 3:4

SUNDAY

Praying In Times of Great Grief – 1 Samuel 1:9–20

In Sunday's sermon, we were reminded that our heavenly Father welcomes our prayers. Unlike the reluctant friend awakened at midnight, God is never inconvenienced by the requests of his children. Yet when our troubles persist, we sometimes hesitate to come to him. Hannah knew what it was to suffer deeply. Childless and continually provoked by Peninnah, she carried a sorrow that others could not remove. Even her husband, though he loved her, could not fully understand her grief. But Hannah knew where to turn. She went before the LORD and poured out her soul in prayer.

Notice that Hannah did not wait until her circumstances improved before seeking God. She came in the midst of her distress, bringing the very sorrow that weighed upon her heart. Hannah's example reminds us that prayer is not reserved for moments when our hearts are peaceful and our words are carefully composed. Our heavenly Father welcomes us even when we are overwhelmed by sorrow. We need not hide our grief from him or wait until we have found a solution. We may pour out our hearts before the God who knows our needs and invites us to call upon him.

Hannah's sorrow was intensified by years of disappointment. How might prolonged suffering tempt us to become hesitant or discouraged in prayer?

Hannah poured out her soul before the LORD. What burdens might we be keeping to ourselves rather than bringing honestly before our heavenly Father?

Hannah's demeanor changed before her circumstances did (vv. 17–18). What does this teach us about the blessings of prayer, even when God has not yet answered our requests?

Prayer Heavenly Father, forgive us for allowing sorrow and discouragement to keep us from prayer. Teach us to pour out our hearts before you, trusting that you hear us and care for us even when our circumstances remain unchanged. Amen.

<<<<<Catechism Corner>>>>>

Q. What is Sin?

A. Sin is any lack of conformity unto, or transgression of, the law of God.

Adults: Read the Q/A aloud three times. Do not try to memorize it yet. Simply listen for the main truth being taught.

Parents: Read it with your child. Ask if they have questions. Explore those together, and let their questions guide your study this week.

MONDAY

Praying When Overwhelmed– 2 Chronicles 20:1–12
n Sunday's sermon, Jesus taught us to ask, seek, and knock, assuring us that our heavenly Father hears the prayers of his children. Yet when our troubles seem too great, we can become so preoccupied with finding a solution that prayer becomes our last resort rather than our first response.
King Jehoshaphat faced such a moment. A great multitude was advancing against Judah, threatening the very survival of the nation. The danger was real, and Jehoshaphat was afraid. Yet rather than allowing his fear to paralyze him, he set himself to seek the LORD and called the people of Judah to join him in prayer.
Notice how Jehoshaphat prayed. He began by remembering who God is, recalling his sovereign power and covenant faithfulness. Only then did he lay the nation's desperate circumstances before him.
We often hesitate to pray because we cannot imagine how our circumstances could possibly change. We become consumed with what we cannot do, rather than remembering what God is able to do. Jehoshaphat reminds us that we need not have a solution before coming to our heavenly Father. Indeed, our helplessness should move us toward prayer, not away from it.
Jehoshaphat was afraid when he heard of the approaching army (v. 3). How does fear sometimes affect our willingness to pray?

What does Jehoshaphat recall about God's character and past faithfulness (vv. 6–9)? How might remembering these truths change the way we approach our own difficulties?

Consider Jehoshaphat's confession in verse 12. What circumstances in your life might require you to make a similar confession before God?

Prayer Heavenly Father, what a comfort it is to know that we may come before you in every circumstance! Thank you that no trouble is too great for your power and no burden too heavy for your care. Fill our hearts with joy and confidence as we look to you for help, knowing that you are always ready to hear the prayers of your children. Amen.

<<<<<Catechism Corner>>>>>

Q. What is Sin?
A. Sin is any lack of conformity unto, or transgression of, the law of God.

Adults: Read the Q/A several times. Look up a couple Scripture proofs and meditate on it this week.

TUESDAY

Praying through our troubles – 2 Kings 19:14–19

Some troubles seem to follow us everywhere. We carry them into our work, our conversations, and even our sleep. We rehearse what has happened, imagine what might happen next, and struggle to quiet our anxious thoughts. Though we know that our heavenly Father invites us to pray, we sometimes spend far more time dwelling upon our troubles than bringing them before him.

King Hezekiah faced a terrifying situation. The Assyrian army had already conquered many nations, and now its king threatened Jerusalem. Hezekiah received a letter filled with threats and boasts against the LORD. Rather than allowing those words to have the final say, he went into the house of the LORD, spread the letter before God, and prayed.

Hezekiah did not pretend the danger was insignificant. He acknowledged the strength of the enemy while confessing the incomparable power of God. His prayer reminds us that we need not minimize our troubles to approach our heavenly Father with confidence. We may bring our fears before him just as they are, trusting that the God who hears us is greater than anything that threatens us.

Hezekiah took the threatening letter and spread it before the LORD (v. 14). How might his example help us bring our own troubles before God in prayer?

Hezekiah begins his prayer by acknowledging who God is (vv. 15–16). How might remembering these truths strengthen our confidence when we pray?

In verses 18–19, Hezekiah acknowledges the enemy's strength but asks God to act for a greater purpose. How might this shape both what we ask for and why we ask for it?

Prayer Heavenly Father, thank you that we may bring every trouble before you, knowing that you hear us and care for us. Help us to remember your greatness and faithfulness, and to entrust our concerns to your wisdom and power. May our prayers reflect not only our needs but also a desire for your glory. Amen.

<<<<<Catechism Corner>>>>>

Q. What is Sin?

A. Sin is any lack of conformity unto, or transgression of, the law of God.

Adults: Write the answer twice. Notice the commas and use them to break the answer into smaller parts. Work on one part at time and bring each new part in as you are ready.
Parents: Write the answer with one word missing. Let your child fill it in. Repeat with different words.

WEDNESDAY

Praying with Perseverance – Daniel 6:6–23

Prayer is a wonderful privilege, but it is also a habit that must be cultivated. When life becomes busy, schedules change, or circumstances grow difficult, it can be tempting to set prayer aside until a more convenient time. Yet the Lord calls us to a life of regular fellowship with him.

Daniel understood the importance of this fellowship. When King Darius signed a decree forbidding anyone to make petitions to any god or man except the king for thirty days, Daniel faced a difficult choice. Continuing to pray could cost him his life. Nevertheless, he went to his house, opened his windows toward Jerusalem, and prayed three times a day, just as he had done before. Daniel's faithfulness was not a sudden act of courage in a moment of crisis. His regular practice of prayer had already become part of his daily life. When circumstances changed, his dependence upon God did not. Prayer need not wait for a crisis, nor should it disappear when life becomes difficult. What a privilege to approach the throne of grace in every season of life!

Imagine a law were passed today forbidding Christians from praying to God. How do you think such a law would affect your daily life?

Daniel continued his regular practice of prayer despite the threat of punishment (v. 10). What pressures do Christians face today that could tempt them to conceal or compromise their commitment to being faithful to God?

How does God's care for Daniel throughout this account encourage us to remain faithful in prayer, even when we cannot foresee the outcome?

Prayer Heavenly Father, thank you for the freedom we have to come to you in prayer. Help us to remain faithful when following you becomes difficult or costly. Strengthen our trust in your goodness, and help us to seek you steadfastly, whatever circumstances we may face. Amen.

<<<<<Catechism Corner>>>>>

Q. What is Sin?

A. Sin is any lack of conformity unto, or transgression of, the law of God.

Adults: Write the first letter of each word on paper. Use those letters as prompts and see how far you can get without looking at the answer.

Parents: Have your child draw a picture of one truth contained in the Q/A. Discuss it together, then recite the answer.

THURSDAY

Praying for what matters most– John 17:1–5, 20–26

What would you pray for if you knew that tomorrow would bring great suffering? Perhaps you would ask for strength, relief, or deliverance. These are good things to seek from our heavenly Father. Yet Jesus' prayer on the night before his crucifixion directs our attention to something even greater.

Knowing that his hour had come, Jesus lifted his eyes to heaven and prayed. He spoke of the glory of his Father and the work he had been given to accomplish. Then, looking beyond his immediate disciples, Jesus prayed for those who would believe in him through their word. That includes us!

Consider what occupied our Savior's heart as he approached the cross. He prayed that his people would be united, that they would behold his glory, and that the Father's love would be in them. Throughout this week, we have considered people who brought their troubles before God. Today, we hear the Son of God praying for his people. What confidence this gives us! Our prayers are offered through the very Savior who loved us, gave himself for us, and continues to intercede for us.

Jesus prayed not only for his disciples but also for those who would believe through their word (v. 20). How might his example encourage us as we pray for the people on our prayer cards whom we hope to invite to our Christmas Eve service?

Jesus prayed for the unity of his people (vv. 21–23). As we follow the PCA prayer schedule, how might this passage help us pray more thoughtfully for churches and believers beyond our own congregation?

Jesus desired that his people would be with him and behold his glory (v. 24). How might this eternal perspective shape what we ask God to accomplish in the lives of those for whom we are praying?

Prayer Heavenly Father, thank you that Jesus prays for us. Help us to pray faithfully for those on our prayer cards and for your church throughout the world. May many come to believe in Christ, and may your name be glorified. Amen.

<<<<<Catechism Corner>>>>>

Q. What is Sin?

A. Sin is any lack of conformity unto, or transgression of, the law of God.

Adults: Try writing out the answer with no prompts. Go as far as you can. If you need to peek, go ahead. Then try again until it becomes easier.

Parents: Ask your child if they have questions about the answer. Say it three times together in a comfortable rhythm, then pray for God to help you understand this truth.

Friday- Catechism Practice and Review

Use today for strengthening what you have practiced throughout the week. Do not worry if you cannot remember the answer perfectly at first. Try to recall as much as you can, use the helps provided, then try again. Memory grows through repeated, prayerful practice. Parents, engage your children by asking them to "help" you remember.

Fill in the blanks:

Q. What is Sin?

Sin is _____ want of _____ unto, or transgression of, the _____ of God.

First-letter prompt:

Q. What is Sin?

A. S____ i____ a____ l____ o____ c_____ u____, o____ t_____ o____, t____ l____ o____ G____.

Write it from memory (attempt 1):

_____

_____

_____

_____

_____

Write it from memory (attempt 2):

_____

_____

_____

_____

_____

Look Back: Long-term memory grows through review. After practicing this week's question, go back and review **Q#10 and Q#14** from previous weeks. Try to recite each answer from memory before looking. If you need help, read it once, then cover it and try again.

This Week In Focus:

Month of November

Deacon Fund Offering – *This month, please prayerfully consider giving to the Deacon Fund using the green envelopes. This offering goes to meet the needs of those in our community.*

Today

Small Group Study – *"Your Walk With God is a Community Project" – 4-6pm at the Pauley's*

Saturday, November 7

Pie Luck – *6:00pm, at the church – Come have fun…invite a friend if you'd like!*

Upcoming Events

Sunday, January 3

Retirement Luncheon for the Cosgroves – *at the church shortly after the service.*

Regular Rhythms of Grace

Sunday Small Group Study – *"Your Walk With God is a Community Project" – 4-6pm weekly at the Pauley's*

First Friday Fellowship – *5:45pm at the church. The Pie Luck takes the place of this for November.*

Ladies Study/Fellowship – *Fridays (except the First Friday), 6:30-8:30pm at the church (2nd & 4th Fridays will be Study time, 3rd & 5th Fridays will be Fellowship) See Shannon or Sarah for details.*

Second Sunday Discussion – *2nd Sunday, 15 minutes after worship ends* – (Family-style conversations on a rotating topic.)

Second Saturday Men's Breakfast – *2nd Saturday, 7:30am, at the church*

Praying for Prodigals – *3rd Sunday, 8:30am in the pastor's office*

Don't Forget

- If you would like to begin **the discipleship journey of the Turning Table**, ask any elder and the material will be provided. Simply read the book and/or listen to the podcasts, schedule a time to meet and discuss over coffee/tea, and then keep moving through the journey. You can start anytime.
- If you do not know **the address of any event, or the contact information for any event**, please contact either Pastor Adam at adam.lee@freegrace.us or Linda at the email address below.
- If you would like to be **added to our church-family email** where you can keep in touch through the week, or if you would like to be **added to the church directory**, please email Linda at linda.morris@freegrace.us

broken people
bound together in Christ
for God's glory

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