



September 27, 2026

How to Pray: As Dependent Children

Free Grace Presbyterian Church

THOUGHTS FOR REFLECTION

The steps of
a man are
established by the
LORD, when he
delights in his way;
though he fall, he shall
not be cast headlong, for
the LORD upholds his
hand. I have been
young, and now am old,
yet I have not seen the
righteous forsaken or
his children begging
for bread.

Psalms 37:23-25

Humble
yourselves,
therefore, under
the mighty hand of
God so that at the
proper time he may
exalt you, casting all
your anxieties on
him, because he
cares for you.

1 Peter 5:6-7

Give Us This Day Our Daily Bread

*Through all the various shifting scenes
Of life's mistaken ill or good,
Thy hand, O God, conducts unseen
The beautiful vicissitude.*

*Thou givest with paternal care,
However unjustly we complain,
To each their necessary share
Of joy and sorrow, health and pain.*

*Trust we to youth, or friends, or power?
Fix we on this terrestrial ball?
When most secure, the coming hour,
If thou see fit, may blast them all.*

*When lowest sunk with grief and shame,
Filled with affliction's bitter cup,
Lost to relations, friends, and fame,
Thy powerful hand can raise us up.*

*Thy powerful consolations cheer,
Thy smiles suppress the deep-fetched sigh;
Thy hand can dry the trickling tear
That secretly wets the orphan's eye.*

*Thus far sustained, and clothed, and fed,
Through life's tumultuous scenes we've come;
Give us this day our daily bread,
And lead and bring us safely home.*

Attributed to Samuel Collett

*Adapted in The Psalms of David, with Hymns and Spiritual Songs (1789),
for Heidelberg Catechism, Lord's Day 50.*

Remove far from
me falsehood and
lying; give me neither
poverty nor riches; feed
me with the food that is
needful for me, lest I be
full and deny you and
say, "Who is the LORD?"
or lest I be poor and
steal and profane the
name of my God.

Proverbs 30:8-9

Cast your
burden on the
LORD, and he will
sustain you; he will
never permit the
righteous to be
moved.

Psalms 55:22

GOD SUMMONS US BY HIS GRACE

Leader: Praise the LORD! Give thanks to the LORD with your whole heart, in the company of the upright, in the congregation.

Psalms 111

People: **Great are the works of the LORD, studied by all who delight in them.**

Leader: Full of splendor and majesty is his work, and his righteousness endures forever.

People: **He has caused his wondrous works to be remembered; the LORD is gracious and merciful.**

Leader: He provides food for those who fear him; he remembers his covenant forever. He has shown his people the power of his works, in giving them the inheritance of the nations. The works of his hands are faithful and just; all his precepts are trustworthy; they are established forever and ever, to be performed with faithfulness and uprightness.

People: **He sent redemption to his people; he has commanded his covenant forever. Holy and awesome is his name!**

Leader: The fear of the LORD is the beginning of wisdom; all those who practice it have a good understanding.

People: **His praise endures forever!**

"Praise My Soul, The King of Heaven"



I will extol you, my
 God and King,
 and bless your
 name forever and
 ever. Every day I
 will bless you
 and praise your
 name forever and
 ever. Great is the
 LORD, and greatly
 to be praised,
 and his greatness
 is unsearchable.

Psalms 145

"Savior, Like a Shepherd Lead Us"

D A A⁷ D

1. Sav - ior, like a shep-herd lead us, much we need thy ten - der care;
 2. We are thine; do thou be - friend us, be the guard - ian of our way;
 3. Thou hast prom - ised to re - ceive us, poor and sin - ful though we be;
 4. Ear - ly let us seek thy fa - vor; ear - ly let us do thy will;

A A⁷ D

in thy pleas - ant pas - tures feed us, for our use thy folds pre - pare:
 keep thy flock, from sin de - fend us, seek us when we go a - stray:
 thou hast mer - cy to re - lieve us, grace to cleanse, and pow'r to free:
 bless - ed Lord and on - ly Sav - ior, with thy love our bo - soms fill:

F G D A⁷ D

bless - ed Je - sus, bless - ed Je - sus, thou hast bought us, thine we are;
 bless - ed Je - sus, bless - ed Je - sus, hear, O hear us when we pray;
 bless - ed Je - sus, bless - ed Je - sus, let us ear - ly turn to thee;
 bless - ed Je - sus, bless - ed Je - sus, thou hast loved us, love us still;

G D A⁷ D

bless - ed Je - sus, bless - ed Je - sus, thou hast bought us, thine we are.
 bless - ed Je - sus, bless - ed Je - sus, hear, O hear us when we pray.
 bless - ed Je - sus, bless - ed Je - sus, let us ear - ly turn to thee.
 bless - ed Je - sus, bless - ed Je - sus, thou hast loved us, love us still.

He will tend his
 flock like a
 shepherd; he will
 gather the lambs in
 his arms; he will
 carry them in his
 bosom, and gently
 lead those that are
 with young.
 Isaiah 40

GOD SANCTIFIES US BY HIS GRACE

God declares that we have not trusted him to meet our needs

Genesis 3

And to Adam he said, "Because you have listened to the voice of your wife and have eaten of the tree of which I commanded you, 'You shall not eat of it,' cursed is the ground because of you; in pain you shall eat of it all the days of your life; thorns and thistles it shall bring forth for you; and you shall eat the plants of the field. By the sweat of your face you shall eat bread, till you return to the ground, for out of it you were taken; for you are dust, and to dust you shall return."

Sin came into the world through one man, and death through sin, and so death spread to all men because all sinned.

Romans 5

We cry out, confessing our dependance upon Christ

"Abide with Me"

1. A - bid with me: fast falls the e - ven -
2. Thou on my head in ear - ly youth didst
3. I need thy pres - ence, ev - 'ry pass - ing
4. I fear no foe, with Thee at hand to
5. Hold thou thy cross be - fore my clos - ing

3
tide; the dark - ness deep - ens; Lord with me a -
smile, and, though re - bel - lious, and per - verse mean -
hour; what but thy grace can foil the tempt - er's
bless: ills have no weight, tears lose their bit - ter -
eyes; shine through the gloom, and point me to the

6
bide. When oth - er help - ers fail, and com - forts
while, thou hast not left me, though I've oft left
pow'r? Who like thy self my guide and stay can
ness. Where is thy sting, death? Where, grave, thy vic - to -
skies. Heav'n's morn - ing breaks, and earth's vain shad - ows

9
flee, help of the help - less, a - bid with me.
thee; on to the close, Lord, a - bid with me.
be? Through cloud and sun - shine, a - bid with me.
ry? I tri - umph still; a - bid with me.
flee: in life, in death, Lord, a - bid with

12
me; in life, in death, Lord, a - bid with me.

The Christian life is a solid act of repentance—a single act of turning, a constant turning and returning to the Lord. That's the only way you can avoid spiritual drifting: constantly living in a posture of repentance.

George Robertson

God assures that He will provide our every need as sons and daughters

John 1

To all who did receive him, who believed in his name, he gave the right to become children of God, who were born, not of blood nor of the will of the flesh nor of the will of man, but of God. And the Word became flesh and dwelt among us, and we have seen his glory, glory as of the only Son from the Father, full of grace and truth... For from his fullness we have all received, grace upon grace... For in him all the fullness of God was pleased to dwell, and through him to reconcile to himself all things, whether on earth or in heaven, making peace by the blood of his cross.

Colossians 1

We turn away from all others, and feed upon the bread of heaven

"Satisfied"



1. All my life long I had pant - ed
2. Feed - ing on the filth a - round me
3. Poor I was and sought for rich - es,
4. Well of wa - ter ev - er spring - ing,



- 3 for a drink from some cool spring
- some - thing my strength was al - most gone.
- Bread of Life so rich and free,



- 5 that I hoped would quench the burn - ing
- Longed my soul for some - thing bet - ter,
- But the dust I gath - ered 'round me
- un - told wealth that ne - ver fail - eth,



- 7 of the thirst I felt with - in.
- on - ly still to hun - ger on.
- on - ly mocked my soul's sad cry,
- my Re - deem - er is to me!



- 9 Hal - le - lu - jah! He has found me,



- 11 the One my soul so long has craved! Je - sus sat - is - fies



- 14 all my long - ings; through his blood I now am saved.



- 17 Last time only:
through his blood I now am saved.

For He satisfies the
longing soul, And
fills the hungry
soul with
goodness.
Psalm 107

Continue to the next page.

GOD SPEAKS WITH US BY HIS GRACE

Matthew 6:5-13

[5] “And when you pray, you must not be like the hypocrites. For they love to stand and pray in the synagogues and at the street corners, that they may be seen by others. Truly, I say to you, they have received their reward. [6] But when you pray, go into your room and shut the door and pray to your Father who is in secret. And your Father who sees in secret will reward you.

[7] “And when you pray, do not heap up empty phrases as the Gentiles do, for they think that they will be heard for their many words. [8] Do not be like them, for your Father knows what you need before you ask him. [9] Pray then like this:

“Our Father in heaven,
hallowed be your name.

[10] Your kingdom come,
your will be done,
on earth as it is in heaven.

[11] **Give us this day our daily bread,**

[12] and forgive us our debts,
as we also have forgiven our debtors.

[13] And lead us not into temptation,
but deliver us from evil.

Leader: This is the Word of the Lord.

People: Thanks be to God!

Sermon

Rev. Adam Lee

How to Pray: As Dependent Children

Intro:

Scriptures referenced during introduction

Exodus 20:1-17
Genesis 3:1-19
Jeremiah 5:25
Mark 7:21-22
James 4:3

Because God is our creator and heavenly father, we must pray as dependent children trusting his fatherly care:

1) **By Remembering**

A. Everything we have comes from his hand.

B. He provides through ordinary means.

C. He knows our actual needs.

2) **By Asking**

A. That he would provide for our needs and the needs of others.

B. That he would give us contentment.

C. That he would protect us from misusing his gifts

3) **Conclusion— By Resting**

Point I

Matthew 6:7-9

Exodus 16

Proverbs 30:8-9

Ephesians 4:28

2 Thess 3:11-12

Point II

1 Timothy 6:6-8

Proverbs 30:8-9

Philippians 4:6

Ephesians 4:28

James 4:3

Point III

John 6:1-13

John 6:27, 35

Romans 8:32

We proclaim our trust in the Father's good care for us

"All Must Be Well"

The musical score is written for a single melodic line in treble clef, key of D major (indicated by two sharps), and 6/8 time. The melody is simple and hymn-like, with a final double bar line and repeat dots at the end. The lyrics are written below the staff, with line numbers 5, 9, and 13 marking the beginning of new lines of text.

Through the love of God our Sav - ior, all will be well;
Though we pass through trib - u - la - tion, all will be well;
We ex - pect a bright to - mor - row, all will be well;

5
Free and change - less is his fa - vor, all__ is well.
Ours is such a full sal - va - tion, all__ is well.
Faith can sing through days of sor - row, all__ is well.

9
Pre - cious is the blood that healed us, per - fect is the grace that
Hap - py still in God con - fid - ing, fruit - ful if in Christ a -
On our Fa - ther's love re - ly - ing, Je - sus ev 'ry need sup -

13
sealed us, strong the hand stretched forth to shield us, all must be__ well.
- bid - ing, stead - fast through the Spir - it's guid - ing, all must be__ well.
- ply - ing, yes in liv - ing or in dy - ing, all must be__ well.

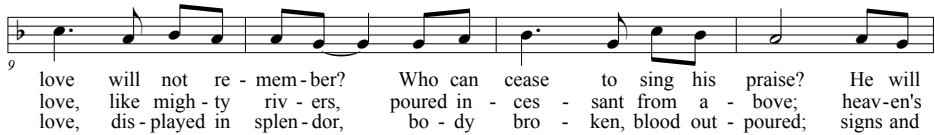
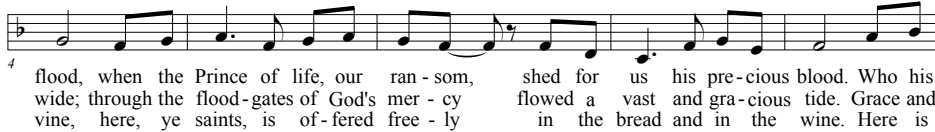
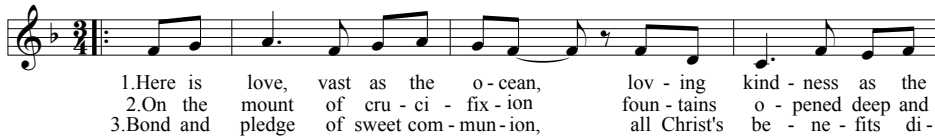
"I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world."
John 16

GOD STRENGTHENS US BY HIS GRACE

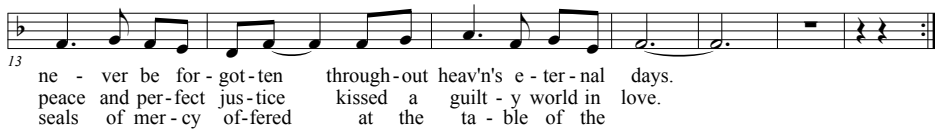
We celebrate the Lord's supper, feasting on the true bread from heaven

We celebrate God's free grace to us in Jesus Christ by observing the Lord's Supper each Sunday. We invite to the Lord's Table all who are baptized followers of Jesus Christ under the authority of Christ and his body, the Church. By eating the bread and drinking the cup, you are acknowledging that you are a sinner, without hope except in the sovereign mercy of God, and that you are trusting in Jesus Christ alone for your salvation. If you have any doubts about your participation, please speak to one of the elders after the service.

"Here is Love"



1, 2



Lord. Here is love, dis - played in splen - dor, bo - dy bro - ken, blood out - poured; signs and



We affirm that
bread and wine
are holy and
heavenly
mysteries of the
body and blood of
Christ, and that by
them Christ
himself, being the
true bread of
eternal life, is so
presently given
unto us that by
faith we verily
receive his body
and blood.
John Jewel

We declare our joy in his free grace adopting us as his children

All those who are justified God graciously guarantees to make partakers of the grace of adoption in and for his only Son, Jesus Christ. By this act they are taken into the number of God's children and enjoy the liberties and privileges of that relationship; they are given his name; they receive the Spirit of adoption; they have access to the throne of grace with boldness; and they are enabled to cry, "Abba, Father." Like a father, God has compassion on, protects, provides for, and chastens them; yet, they will never be cast off, but are sealed to the day of redemption, and will inherit the promises as heirs of everlasting salvation.

Even in the land of
plenty, we ought
to pray day by day
for our daily
bread.
Kevin DeYoung

In prayer, we come to our Father for all our needs

*During this time we live in faith, trusting in the power of his grace,
placing our lives and our church in his hands.
We ask that he would work in us and through us for his glory.*

GOD SENDS US BY HIS GRACE

We rejoice in the faithfulness of God our Father

"Great is Thy Faithfulness"

1. Great is thy faith - ful - ness, O God my Fa - ther;
2. Sun - set and win - ter and spring-time and har - vest,
3. Par - lon for sin and a peace that en - dur - eth,

there is no shad - ow of turn - ing with thee; thou chang - est
sun, moon, and stars in their cours - es a - bove, join with all
thine own dear pres - ence to cheer and to guide, strength for to -

not thy com - pas - sions, they fail not; as thou has been thou for -
na - ture in man - i - fold wit - ness to thy great faith - ful - ness,
day and bright hope for to - mor - row, bless - ings all mine, with ten

ev - er will be. Great is thy faith - ful - ness! Great is thy faith - ful - ness!
mer - cy, and love thou - sand be - side!

Morn - ing by morn - ing new mer - cies I see: all I have need - ed thy

hand hath pro - vid - ed— Great is thy faith - ful - ness, Lord, un - to me!

Over and above all these particular blessings which we receive, and which we are to receive in greater measure and greater fullness, the great thing is that we are citizens of the kingdom of heaven and thus belong to that spiritual realm.
D. Martyn Lloyd-Jones

God declares that he will continually supply our every need

Leader: The LORD bless you and keep you; the LORD make his face to shine upon you and be gracious to you...God will supply every need of yours according to his riches in glory in Christ Jesus. To our God and Father be glory forever and ever... The grace of the Lord Jesus Christ be with your spirit.

People: Amen

Please stay and join us for a time of enjoying each other's company.

*This is a time to share in life together as the gospel calls us
as we reconnect with those we know, and as we meet someone new.*

Numbers 6

Philippians 4



Welcome to Free Grace

We are a broken church full of broken people. We know we need God's free grace. Some of us have accepted this grace, some are exploring what it's all about. All of us are still trying to understand it. We are a church that seeks to proclaim this free grace of God with both our words and our lives. Not satisfied with simply talking about it, we want to live it out. We invite you to come, explore, and live God's free grace with us.



Our Connections

Free Grace is a congregation of the Presbyterian Church in America (PCA), a family of churches that seeks to be faithful to the Scriptures, true to the Reformed faith, and obedient to the Great Commission of Jesus Christ.

Our Leadership

Free Grace is lead by her elders, men called by God and set apart by the church to care and lead her as individual members, families, and as a whole. Our elders are:

Brian Cosgrove
Rev. Adam Lee
Ken Morris
Ben Van Dyke



Credits

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Beth Almqvist, *piano*; Grace Lee, *viola*; Dan Crawford, *voice*

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"Great is Thy Faithfulness" ©1923, renewed 1951 Hope Publishing Co. Words: Thomas Chisholm, 1923. Music: William Runyan, 1923.

Our Daily Worship

A through-the-week devotional



The following pages are provided for you with a desire to “lead you beside still waters.”

May they assist you in your walk with Christ through week, as you practice his presence, feed upon his word, and reflect upon how both impact your weekly life.

WHY MEMORIZE THE CATECHISM?

From time to time I am asked, "Why encourage memorizing the Catechism instead of Scripture?" The answer is simple: we are not choosing between them. We encourage both. One of the great strengths of the Catechism is that it teaches us to ask questions we might not think to ask on our own. Many Christians have memorized Bible verses, which is a wonderful thing. Yet it is possible to know Scripture without ever stopping to ask how those passages answer the practical and theological questions of the Christian life. The Catechism helps us make those connections.

For example, many Christians have heard the phrase, "sin is sin," and would assume that all sins are equal in every respect. Yet when the Catechism asks, "Are all transgressions of the law equally heinous?" the answer may surprise us. The beauty of that moment is that one who is working through the catechism should ask, '*Wait, what? Why?*' And then proceed to look up the Scripture references.

The Catechism is not a replacement for the Bible. Rather, it is a guide that helps us organize, understand, and apply the Bible's teaching to the whole of life. For that reason, every answer is supported by Scripture references.

As you work on memorizing this week's question and answer, take time to study the passages listed below and see how what we confess is derived from God's Word. **If you do not have a copy of the Catechism with Scripture proofs, please speak with an elder and we will gladly provide one.** It will be easier to have a copy because these verses will all be printed out in their entirety.

Genesis 2:16-17
James 2:10

SUNDAY

Scripture – Matthew 6:11

Reflection: We love our independence. We take pride in providing for ourselves and being able to say, “I earned this!” But why is this desire for independence common to us all? Because we are sons and daughters of Adam. Though God had provided everything he needed, Adam wanted to determine for himself what was good rather than depend upon his Creator. In Adam, we forfeited every claim to the outward blessings of this life. Furthermore, by our own actions, we continue to trust ourselves to obtain what we need, desire God's gifts wrongly, and use them sinfully. When Jesus teaches us to pray, “Give us this day our daily bread,” he confronts our pride and reminds us of our dependence. Through Christ, the second Adam, we may come before God as children asking their Father for what we need. As you read Genesis today, consider what Adam's rebellion reveals about our own desire for independence.

Read Genesis 3:1–19

1–5: How does the serpent encourage Eve to question God's goodness?

6–13: How do Adam and Eve's actions reveal their desire for independence from God?

17–19: How does Adam's rebellion affect his ability to obtain the bread he needs?

Prayer Heavenly Father, forgive us for wanting to live independently of you. We take pride in what we have earned and fail to acknowledge your gracious provision. Thank you for receiving us as your children through Christ, the second Adam. Teach us to depend upon you for our daily needs. Amen.

<<<<Catechism Corner>>>>

Q. What special act of providence did God exercise towards man in the estate wherein he was created?

A. When God had created man, he entered into a covenant of life with him, upon condition of perfect obedience; forbidding him to eat of the tree of the knowledge of good and evil, upon pain of death.

Adults: Read the Q/A aloud three times. Do not try to memorize it yet. Simply listen for the main truth being taught.

Parents: Read it with your child. Ask if they have questions. Explore those together, and let their questions guide your study this week.

MONDAY

Scripture: Matthew 6:11

Reflection: Yesterday we considered how, in Adam, every claim to the outward blessings of this life have been forfeited. How, then, can we come before God and ask him to give us our daily bread? On what basis can we make this request? Because Jesus came to be the “second Adam,” and as such, he endured the curse we deserved. Through his obedience, death, and resurrection, he has secured our adoption as children of God. We no longer approach God as those demanding what we have earned, but as beloved children asking their Father for what we need. Every good gift we receive comes to us through Christ as the gracious provision of our Father. As you read Romans 5 today, consider how Christ has answered the ruin brought upon us by Adam.

Read Romans 5:12–21

12–14: What entered the world through Adam's sin, and how has it affected all mankind?

15–19: How does Paul contrast the consequences of Adam's disobedience with those of Christ's obedience?

20–21: What does Paul teach us about the abundance of God's grace through Jesus Christ?

Prayer Heavenly Father, we praise you for sending your Son, the second Adam, to accomplish what the first Adam failed to do. Through his perfect obedience and sacrifice, you have delivered us from condemnation and received us as your children. Thank you that, in Christ, we may come before you with confidence, trusting in your gracious provision. Amen.

<<<<<Catechism Corner>>>>>

Q. What special act of providence did God exercise towards man in the estate wherein he was created?

A. When God had created man, he entered into a covenant of life with him, upon condition of perfect obedience; forbidding him to eat of the tree of the knowledge of good and evil, upon pain of death.

Adults: Read the Q/A several times. Look up a couple Scripture proofs and meditate on it this week.

Parents: Explain one key word, then say the answer together.

TUESDAY

Scripture: Matthew 6:11

Reflection: When Jesus teaches us to pray, “Give us this day our daily bread,” he reminds us that everything we have comes from our Father's hand. Yet we easily forget this when our cupboards are full and our work provides a steady income. We begin to think that we have secured these things for ourselves. But who gave us the strength to work, the skills we employ, and the opportunities to earn a living? Our Father did! Even when we obtain our bread through ordinary means, we remain entirely dependent upon him. And because he knows our needs better than we do, we can trust his wisdom concerning what he provides. As you read Deuteronomy today, consider how easily God's people can forget the One who provides for them.

Deuteronomy 8:7–18

17–10: What does Moses instruct Israel to do when they enjoy the abundance of God's provision?

11–14: What danger accompanies prosperity, and how might we fall into the same temptation?

17–18: What are the people tempted to say about their wealth, and what must they remember instead?

Prayer Heavenly Father, we praise you as the giver of every good gift. Thank you for providing for us through the ordinary means of our daily labor. Thank you for the health, wisdom and skills you give to us. Keep us from imagining that we have secured these blessings by our own strength. Teach us to remember that everything comes from your hand and to trust your wisdom concerning all that you provide. Amen.

<<<<<Catechism Corner>>>>>

Q. What special act of providence did God exercise towards man in the estate wherein he was created?

A. When God had created man, he entered into a covenant of life with him, upon condition of perfect obedience; forbidding him to eat of the tree of the knowledge of good and evil, upon pain of death.

Adults: Write the answer twice. Notice the commas and use them to break the answer into smaller parts. Work on one part at time and bring each new part in as you are ready.

Parents: Write the answer with one word missing. Let your child fill it in. Repeat with different words.

WEDNESDAY

Scripture: Matthew 6:11

Reflection: When Jesus teaches us to pray, "Give us this day our daily bread," he invites us to bring our ordinary needs before our heavenly Father. But notice that he teaches us to pray for us, not merely for ourselves. We are to pray for the needs of our families, neighbors, and those who lack life's necessities. And sometimes, our Father provides us with more than we need. We may be tempted to regard that surplus as belonging exclusively to us, to be used for our own comfort and pleasure. But what if God has entrusted those gifts to us so that we might become the answer to someone else's prayer for daily bread? Through Christ, we have been received as children of a generous Father, and we ask him to make us generous with what he provides. As you read Paul's instructions to Timothy today, consider how contentment and generosity should shape both our prayers and our use of God's gifts.

Read 1 Timothy 6:6–10, 17–19

6–8: What does Paul teach us about contentment, and what does he identify as sufficient for our earthly needs?

9–10: What dangers arise when the desire for wealth governs our hearts?

17–19: How should those who have received an abundance of earthly blessings regard their wealth and use it for the good of others?

Prayer Heavenly Father, we ask you to provide for our daily needs and the needs of those around us. Give us contentment with what you provide, and guard our hearts against greed and selfishness. Teach us to use your gifts wisely and generously, so that we may become instruments of your provision for others. Amen.

<<<<Catechism Corner>>>>

Q. What special act of providence did God exercise towards man in the estate wherein he was created?

A. When God had created man, he entered into a covenant of life with him, upon condition of perfect obedience; forbidding him to eat of the tree of the knowledge of good and evil, upon pain of death.

Adults: Write the first letter of each word on paper. Use those letters as prompts and see how far you can get without looking at the answer.

Parents: Have your child draw a picture of one truth contained in the Q/A. Discuss it together, then recite the answer.

THURSDAY

Scripture – Matthew 6:11

Reflection: When we pray for our daily bread, we may wonder whether our Father will provide what we need. What if tomorrow brings hardship, sickness, or an empty cupboard? Our circumstances can tempt us to question his goodness, especially when his provision differs from what we desire. But our confidence rests not in what we can see, but in what our Father has already given us. He did not spare his own Son, but delivered him up for us all. Jesus, the Bread of Life, bore the curse we deserved so that we might be received as God's children. If our Father has given us his own Son, we can trust his wisdom concerning everything else he gives—or withholds. This does not mean we will never experience hardship, but it does mean that hardship cannot separate us from his fatherly love. As you read Romans today, consider how the gift of Christ gives us confidence to rest in our Father's care.

Read Romans 8:31–39

31–32: What has God already given us, and how does this assure us of his continuing care?

33–34: What has Christ accomplished that gives us confidence before God?

35–39: What hardships might God's children experience, and what can never separate them from his love?

Prayer Heavenly Father, we praise you for giving us your own Son, the Bread of Life. When our circumstances are uncertain and our needs seem greater than our provision, teach us to rest in your fatherly care. Strengthen our confidence in your wisdom, and remind us that nothing can separate us from your love in Christ Jesus our Lord. Amen.

<<<<Catechism Corner>>>>

Q. What special act of providence did God exercise towards man in the estate wherein he was created?

A. When God had created man, he entered into a covenant of life with him, upon condition of perfect obedience; forbidding him to eat of the tree of the knowledge of good and evil, upon pain of death.

Adults: Try writing out the answer with no prompts. Go as far as you can. If you need to peek, go ahead. Then try again until it becomes easier.

Parents: Ask your child if they have questions about the answer. Say it three times together in a comfortable rhythm, then pray for God to help you understand this truth.

FRIDAY- CATECHISM PRACTICE AND REVIEW

Use today for strengthening what you have practiced throughout the week. Do not worry if you cannot remember the answer perfectly at first. Try to recall as much as you can, use the helps provided, then try again. Memory grows through repeated, prayerful practice. Parents, engage your children by asking them to “help” you remember.

Fill in the blanks:

Q. What special act of providence did God exercise towards man in the estate wherein he was created?

When God had _____ man, he entered into a _____ of life with him, upon condition of perfect obedience; _____ him to eat of the tree of the _____ of good and evil, upon _____ of death.

First-letter prompt:

W____ G____ h____ c____ m____, h____ e____ i____ a c____ o____

l____ w____ h____, u____ c____ o____ p____ o____;

f____ h____ t____ e____ o____ t____ t____ o____ t____ k____ o____ g____

a____ e____, u____ p____ o____ d____.

Write it from memory (attempt 1):

Write it from memory (attempt 2):

Look Back: Long-term memory grows through review. After practicing this week’s question, go back and review **Q# 5 and Q#12** from previous weeks. Try to recite each answer from memory before looking. If you need help, read it once, then cover it and try again.

This Week In Focus:

Friday, October 2nd

First Friday Fire – 5:45pm at the Lees

Upcoming Events

Sunday, October 4th

Congregational Meeting – 15 minutes after worship ends

Saturday, October 10th

Men's Breakfast – 7:30am, at the church

Saturday, November 7th

Pie Luck – 6:00pm, at the church – Come have fun...invite a friend if you'd like!

Regular Rhythms of Grace

Sunday Small Group Study – “Your Walk With God is a Community Project” – 4-6pm weekly at the Pauley's

First Friday Fellowship – 5:45pm – Location to be announced each month

Second Sunday Discussion – 2nd Sunday, 15 minutes after worship ends – (Family-style conversations on a rotating topic.)

Second Saturday Men's Breakfast – 2nd Saturday, 7:30am, location to be announced each month

Praying for Prodigals – 3rd Sunday, 8:30am in the pastor's office

Don't Forget

- If you would like to begin **the discipleship journey of the Turning Table**, ask any elder and the material will be provided. Simply read the book and/or listen to the podcasts, schedule a time to meet and discuss over coffee/tea, and then keep moving through the journey. You can start anytime.
- If you do not know **the address of any event, or the contact information for any event**, please contact either Pastor Adam at adam.lee@freegrace.us or Linda at the email address below.
- If you would like to be **added to our church-family email** where you can keep in touch through the week, or if you would like to be **added to the church directory**, please email Linda at linda.morris@freegrace.us
- If you are a member of Free Grace and are not using the **church directory app**, you are missing out on a very useful tool. Please reach out to Linda to see how to download it to your phone.

broken people
bound together in Christ
for God's glory